

English Social Media Hashtag

#WWKD2019

Chinese Social Media Hashtag

#2019世界武术日#

IWUF Social Media

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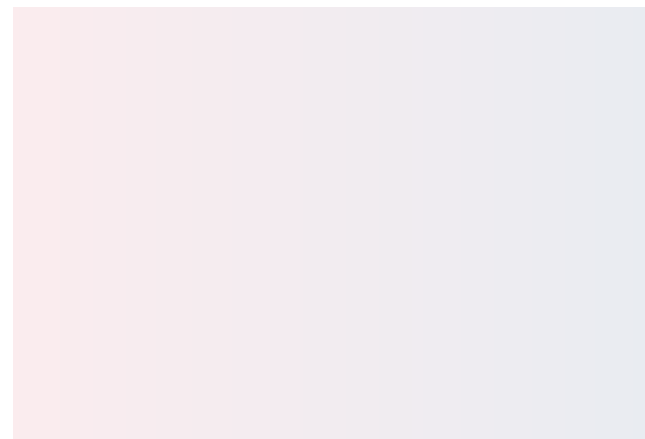


Use your creativity to share your wushu knowledge and culture with those around you, and those around the world!

8•10

On August 10, we celebrate "Wushu-Kungfu with Friends Everywhere!"

CONTACT INFO



IWUF Global Partner

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2019 WORLD WUSHU-KUNGFU DAY



August 10, 2019

Wushu-Kungfu with Friends
Everywhere.

#WWKD2019
#2019世界武术日#



IWUF

INTERNATIONAL WUSHU FEDERATION

WORLD WUSHU-KUNGFU DAY

World Wushu-Kungfu Day (WWKD) is a global celebration of wushu-kungfu. WWKD is celebrated each year the first Saturday on or following August 8th, and is accompanied by a theme each time. The 2018 WWKD theme was "Wushu in everyday life," and wushu fans on every continent came together in wushu schools, communities, town squares, and even in the streets to show their passion for the sport and pastime they love so much.

2019

When
August 10, 2019
(Saturday)

For WWKD 2019, the IWUF held a logo design contest and received more than 100 submissions. Over 16,000 worldwide votes were cast, and creators of the top 6 designs received awards totaling USD \$3,000. The winner, Albina Lunusova of the Kyrgyz Republic (KGZ), will have her design featured as part of 2019 WWKD celebrations on all five continents!

Theme
Wushu-Kungfu
With Friends
Everywhere!

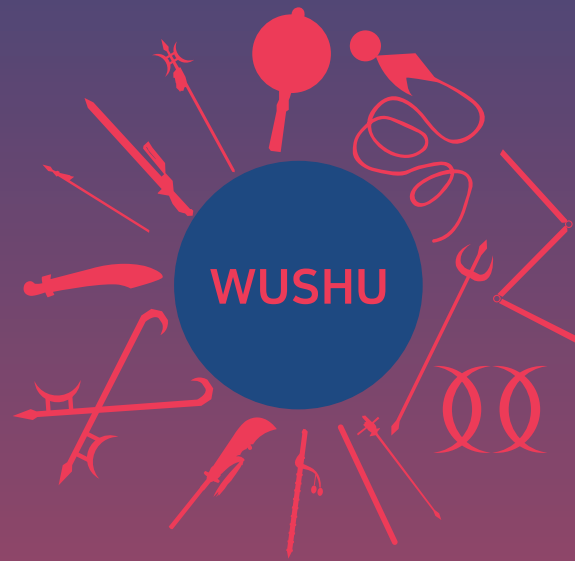


Where
Everywhere!

Logo Introduction
The 2019 WWKD logo displays silhouettes of different styles of wushu-kungfu on a globe. The palm-fist salute, an iconic greeting, is a sign of respect and adherence to tradition. The "yin-yang" on the top of the globe symbolizes an integration of sports and traditions, a coming-together of different wushu-kungfu styles and the collaboration of people worldwide.

Who
Everyone!

About WWKD



On September 28, 2017 it was decided at the IWUF Congress during the 14th World Wushu Championships in Kazan, Russia, to establish World Wushu-Kungfu Day, in order that as many people as possible be able to come together to celebrate wushu-kungfu.

As the leader of the worldwide wushu movement, the IWUF is committed not only to pursuing wushu's inclusion in the Olympic Program, but also to wushu becoming part of a globally shared, healthy lifestyle. Wushu promotes the concepts of peace, friendship, health, and an appreciation for nature.

We hope that through this holiday more people all over the world will be able to understand wushu and make it a part of their everyday life – together!

What is wushu?

Wushu, which is popularly referred to as kungfu, is the collective term for the martial art practices that originated and developed in China.

Traditional Kungfu

Traditional kungfu is the root of competitive wushu, and has a long and diverse history. A wide variety of styles and practices can be found, some featuring mainly hand techniques, others focusing on leg techniques, while others feature wrestling; some focus on attack and defense while yet others strive to promote and preserve health and well-being. Traditional kungfu also includes a vast array of weaponry.

Traditional kungfu's practice aims to preserve the legacies of previous generations that relied on these arts for survival and life improvement by people from all walks of life, irrespective of race, gender, age, social class, or physical condition.

Taolu

Taolu refers to the set routine (form) of wushu. Taolu routines comprise of a continuously connected set of predetermined techniques, choreographed to that incorporate movements and stylistic principles of attack and defense. These include hand and leg techniques, jumps, sweeps, stances and footwork, seizing, throwing, wrestling, and balances.

Main Taolu Competition Events:



Sanda

Sanda is a modern unarmed combat sport that developed from traditional wushu styles, and primarily makes use of punching, kicking, throwing, wrestling, and defensive techniques.

Sanda competition includes 11 weight categories for men and 7 weight categories for women.

Men's categories: 48kg; 52kg; 56kg; 60kg; 65kg; 70kg; 75kg; 80kg; 85kg; 90kg; 90kg+
Women's categories: 48kg; 52kg; 56kg; 60kg; 65kg; 70kg; 75kg