



Lai Xiaoxiao

Li Yueyao

Chen Suijin

Yang Jin

Diana Rahimi

IWUF ATHLETE OF THE YEAR 2022

2022年度运动员



Kameron Li

Praveen Kumar

Sun Chunyan

Gianmarco Salzano

Tanish Nagar

「双奥赞助商」
2008年北京奥运会和2022年北京冬奥会
恒源祥与奥林匹克

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About IWUF Athlete of the Year Awards

To recognize outstanding wushu athletes as outstanding role models in the sport of wushu, and to better encourage more wushu participants to contribute to the development of the sport worldwide, the IWUF has established the following

- Athlete of the Year Awards in 2022.
- Wushu Taolu Athlete of the Year 2022
- Wushu Sanda Athlete of the Year 2022
- Traditional Wushu Athlete of the Year 2022
- Wushu Taolu Rising Star of the Year 2022
- Wushu Sanda Rising Star of the Year 2022

After the IWUF Athletes Committee's preliminary evaluation, 62 candidates from **28** countries and regions entered in the public Voting. The one-month public voting determine the 10 winners of the 2022 IWUF Athlete of the Year Awards.



关于国际武联年度运动员项目

为表彰奖励优秀武术运动员，发挥榜样作用，更好地激励广大武术人才为国际武术事业贡献力量，国际武联自 2022 年起设立年度运动员奖项。

- 2022 国际武联武术套路年度运动员
- 2022 国际武联武术散打年度运动员
- 2022 国际武联传统武术年度运动员
- 2022 国际武联武术套路年度新星
- 2022 国际武联武术散打年度新星

经过运动员委员会审核通过，有来自 28 个国家和地区的 62 位候选人进入 2022 年国际武联年度运动员奖项评选大众网络投票环节。经过为期一个月的大众投票，最终评选出 10 位运动员获得 2022 国际武联年度运动员奖项荣誉称号。



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Wushu Taolu Female Athlete of the Year 2022

Lai Xiaoxiao (CHN)

Chinese superstar Xiaoxiao Lai has built a remarkable golden wushu career, becoming one of her nation's most prestigious and decorated athletes. Born in Anhui, China, and a longtime member of the Anhui wushu team, Xiaoxiao has won top honors at every competition that challenged her. She is a World Champion gold medalist (13th World Wushu Championships, 2015) and World Cup gold medalist (1st Taolu World Cup, 2016) in Qiangshu. And in China, where the wushu competition is unremittingly fierce, Xiaoxiao is a multi-time national champion, winning 8 gold medals in the China National Wushu Championships between 2013-2019. In 2017, at the highest level of Chinese sport, the National Games of China, Xiaoxiao just missed the top spot - becoming the silver medalist in the women's all-around Changquan, Jianshu and Qiangshu. But this only motivated her to train harder, and in 2021 she reached the golden pinnacle of her career - after 16 years as a professional athlete -- finally winning first place and becoming the all-around women's champion at the National Games of China. In 2022 she was chosen to compete in The World Games in Birmingham, where she clinched the gold medal in Changquan and met IOC President Thomas Bach for lively conversation about wushu and some impromptu swordplay. Xiaoxiao was also awarded the coveted World Games Athlete of the Day award for her outstanding winning performance.

2022 女子武术套路年度运动员

赖晓晓 (中国)

中国武术明星赖晓晓有着一个绚烂夺目的职业生涯，是中国有声望且获奖次数较多的运动员之一。赖晓晓出生于安徽省，是该省武术专业队的成员。不管参加什么比赛，她都无所畏惧，总能迎难而上。在中国，武术比赛竞争总是格外激烈。从 2013 到 2019 年，她在全国武术锦标赛上斩获共计 8 枚金牌，是一位老牌全国冠军。但在 2017 年的全国运动会中，赖晓晓与武术冠军的位置失之交臂，在女子长拳、剑术、枪术全能项目中获银牌。她并未因此气馁，而是咬紧牙关，更加勤奋刻苦地进行训练。功夫不负有心人，就在 2021 年，也就是她成为专业运动员后的第 16 年，赖晓晓终于如愿拿下全国女子拳剑枪全能冠军，将自己的职业生涯推向巅峰。在国际赛事中，她曾在 2015 年第 13 届武术世锦赛上摘金，并在 2016 年首届武术套路世界杯上获枪术冠军。2022 年，她被选中参加 2022 伯明翰世界运动会，一举拿下长拳金牌，并与国际奥委会主席托马斯·巴赫互动交谈、切磋剑术。同时，赖晓晓在赛场上的优异表现，也让她荣获了“2022 世界运动会每日最佳运动员”的称号。

Wushu Taolu Male Athlete of the Year 2022

Kameron Li (NZL)

In New Zealand, Kameron Li is the best in his specialty, long weapon, attaining first place in the 2022 New Zealand National Wushu Competition and being the only one to have a score above 9.0. He also led his school team in the New Zealand Interschool Competition to 1st place, promoting the growth of wushu in New Zealand. Previously, he got valuable experience participating in the 7th World Junior Wushu Championships in Brasilia, and the 15th World Wushu Championships in Shanghai, in Qiangshu. This year, Kameron attended rigorous trainings despite doing university entrance exams, and he worked hard to prepare in Qiangshu and Jianshu for the world stage in Indonesia, pushing through injuries and other difficulties. Thus, his 8th place in the 8th World Junior Wushu Championships is very meaningful for the young athlete. Kameron remarked that it is really a great coincidence that he celebrated his 18th birthday the day before his Qiangshu event on the 8th of December and got 8th place in the 8th World Junior Wushu Championships!

2022 男子武术套路年度运动员

李司禹 (新西兰)

在新西兰，李司禹是长器械项目当之无愧的王者，曾在 2022 年新西兰全国武术竞赛中拔得头筹，且是该场赛事中唯一一名所获分数超过 9.0 的运动员。他还曾带领校队在新西兰校际竞赛中拿到武术冠军，为武术在新西兰的发展做出了贡献。而在此之前，李司禹已参加过巴西利亚第 7 届世界青少年武术锦标赛和上海第 15 届武术世锦赛的枪术比赛，积累了不少宝贵经验。2022 年，在为大学入学考试努力准备的同时，李司禹在武术训练上也丝毫没有松懈，克服了伤病等诸多困难，备战将在印度尼西亚举办的第 8 届世界青少年武术锦标赛中的枪术和剑术项目。因此，他在该赛事中取得的第 8 名来之不易、意义非凡。李司禹还表示，本次武术世青赛是该系列赛事的第 8 届，枪术比赛是在 12 月 8 日举行的，此前一天恰好是他的 18 岁生日，而他拿的名次也刚好是第 8 名，这个巧合也是很有趣了！



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Kameron Li



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Wushu Sanda Female Athlete of the Year 2022

Li Yueyao (CHN)

Li Yueyao holds the title of International Sports Master of China and in 2019 she received the Medal of Honor for Sports of the People's Republic of China. In her weight category of 52 kg she has won gold medals at the Asian Games and the World Wushu Championships. In 2013 she won the silver medal for women's 52kg in the sanda competition at the 12th National Games of China. In 2015 she won first place in the National Sanda Championships. In 2016 she won the gold medal in the 9th Asian Wushu Championships. In 2017 she was champion of the Sanda Asian Cup. In 2018 she won first place in the National Wushu Sanda Championships, and became the 52kg gold medal champion at the 18th Asian Games. In 2019 she took first in the National Wushu Sanda Championships and then won the gold medal in the 15th World Wushu Championships in Shanghai. In 2022 she became champion again in the National Wushu Sanda Championships.

2022 女子武术散打年度运动员

李玥瑶 (中国)

李玥瑶曾荣获“国际健将”称号，2019年荣获国家体育运动荣誉奖章，在亚运会和武术世锦赛的52公斤散打比赛中均拿过金牌。曾在2013年第12届全国运动会中获得女子散打52公斤级银牌。在2015年全国武术散打锦标赛和2016年第9届亚洲武术锦标赛中摘得金牌。2018年，她在全国武术散打锦标赛和第18届亚运会中获女子散打52公斤级金牌。2019年，她又一次在全国武术散打锦标赛上勇夺第一，并获得上海第15届武术世锦赛的散打冠军。在2022年全国武术散打锦标赛上，李玥瑶再次夺冠。

Wushu Sanda Male Athlete of the Year 2022

Praveen Kumar (IND)

Praveen Kumar has been training in sanda since 2012 and has participated in numerous district, state and national sanda events, defending his title as India's national champion for 4 years. In 2016 he won a silver medal in the 9th Asian Wushu Championship. In 2017 he won a silver medal in the Asian Cup. In 2019 he won the gold medal at the 15th World Wushu Championships in Shanghai.

2022 男子武术散打年度运动员

普拉文·库马尔 (印度)

普拉文·库马尔 (Kameron Li) 从 2012 年开始练习散打，参加了区、省和国家等各个级别的诸多赛事，连续 4 年蝉联印度全国冠军。他曾于 2016 年获第 9 届亚洲武术锦标赛银牌，在 2017 年亚洲杯比赛中获亚军，并在 2019 年上海第 15 届武术世锦赛中摘得一金。



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Traditional Wushu Female Athlete of the Year 2022

Chen Suijin (HKG)

Chen Suijin started learning wushu at the age of 10. She most recently won a 1st category prize at the 8th World Kungfu Championships in Emeishan in 2019, in Taijijian. She won a gold medal in baguazhang at 15th World Wushu Championships. In 2020, she received the title of Ten Outstanding Young Persons in Hong Kong, China. Her coaches note, Suijin is a hardworking and professional athlete with a well-rounded character who excels in a variety of wushu events. The sportsmanship she shows is a model for younger athletes. She also always promotes wushu around Hong Kong, China with performances and demonstrations.

2022 女子传统武术年度运动员

陈穗津 (中国香港)

陈穗津 10 岁开始习武。2019 年，她在峨眉山第 8 届世界传统武术锦标赛中获太极剑一等奖，在第 15 届武术世锦赛中获八卦掌冠军。2020 年，她被评为中国香港十大杰出青年之一。她的教练表示，陈穗津训练十分刻苦，专业能力强，擅长多个武术项目，她身上所体现的体育精神非常值得更年轻的运动员们学习。训练之余，陈穗津还会参加武术表演，以促进武术在中国香港地区的推广。

Traditional Wushu Male Athlete of the Year 2022

Sun Chunyan (CHN)

As a youth Chunyan Sun learned Taizu routines and later entered the Cangzhou Sports School. He won many champions in Hebei Province. He then became a student of the Beijing Sport University between 1995 and 1999 and learned Taiji Push Hands from Prof. Men Huifeng and Huang Kanghui. He also learned Pigua and Fengmogun from Prof. Wang Huafeng. He was a 3-time national champions of Taijiquan, Taijijian and a silver medalist of Push Hands. From 2002-2005, Chunyan taught Taijiquan on CCTV. He has been awarded 7th Duan of CWA and is a judge of national grade in China, judging many national and international competitions. Most recently Chunyan won a pair of 2nd category prizes for Wu style Taijiquan and Taijijian in the 8th World Kungfu Championships.

2022 男子传统武术年度运动员

孙春艳 (中国)

孙春艳自幼习练太祖拳，后进入沧州体育运动学校，多次在河北省各项赛事中夺冠。1995 到 1999 年在北京体育大学学习时，他跟随门惠丰教授、黄康辉教授练习太极推手，并跟随王华锋教授练习劈挂拳和疯魔棍。孙春艳曾三次获得太极拳、太极剑的全国冠军，并曾获太极推手银牌。2002 到 2005 年间，他在央视节目中教授武术。孙春艳已获中国武术七段，国家级武术裁判，曾为多次全国及国际比赛担任裁判。在第 8 届世界传统武术锦标赛中，他斩获了吴式太极拳和太极剑的二等奖。



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Female Wushu Taolu Rising Star of the Year 2022

Yang Jin (CHN)

Jin Yang was born in Anhui Province and entered the Beijing Shichahai Sports School in 2016 to study changquan, but began practicing Taijiquan with the Beijing Wushu Team in 2019 after shifting her focus to taiji. In 2019 she ranked 1st place in Taijiquan all-around at the 2nd Youth Games of the People's Republic of China. In 2022 she won first place twice, with double gold medals in both Taijiquan and Taijishan at the 8th World Junior Wushu Championships, winning honor for her team and country. Jin's comprehensive skills, outstanding style, and positive mental outlook help make her a top youth athlete in China with much promise.

2022 女子武术套路年度新星

杨瑾 (中国)

杨瑾出生于安徽省，2016年进入北京什刹海体育运动学校学习长拳并从2019年开始在北京武术队练习太极拳。同年，她在第2届全国青年运动会太极拳全能比赛中排名第一。2022年，在第8届世界青少年武术锦标赛中，她在太极拳和太极扇两项比赛中均斩获金牌，为国争光。全面扎实的专业技巧、出众的表演风格和昂扬向上的精神面貌，已使她成为一位未来可期的年轻运动员。

Male Wushu Taolu Rising Star of the Year 2022

Gianmarco Salzano (ITA)

Italy's Gianmarco Salzano began studying wushu when he was 5 years old. His first international competition was at the 2019 Moscow Wushu Stars where he ranked 11th in Changquan. In Tangerang, Indonesia, he placed 10th in Daoshu and 11th in Gunshu at the 8th World Junior Wushu Championships. He is popular with his fellow athletes, with a passion for his sport, excellent sportsmanship, and a positive mental attitude.

2022 男子武术套路年度新星

吉安马克·萨尔扎诺 (意大利)

意大利运动员吉安马克·萨尔扎诺 5 岁与武术结缘。在他的国际首秀“2019 年莫斯科之星”武术长拳比赛中，他排名第 11 位。2022 年，在印度尼西亚坦格朗举行的第 8 届世界青少年武术锦标赛上，他在刀术比赛中排名第 10，在棍术比赛中排名第 11。吉安马克对武术的热爱、对体育精神的发扬，以及他积极向上的态度，让他在年轻运动员中颇受欢迎。



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Female Wushu Sanda Rising Star of the Year 2022

Diana Rahimi (IRI)

Diana Rahimi has been practicing wushu for 7 years and has been competing in many high level sanda events. She won her first international gold medal in the sanda competition at the 8th World Junior Wushu Championships in Tangerang, Indonesia in 2022. Her federation believes she is a new super star female sanda athlete with a bright and shining future ahead of her in the sport.

2022 女子武术散打年度新星

戴安娜·拉希米 (伊朗)

戴安娜·拉希米习武已有7年时间，曾多次参加各类高级别散打赛事。2022年，在印度尼西亚坦格朗举行的第8届世界青少年武术锦标赛中，戴安娜首次获得国际散打比赛金牌。伊朗武术协会也认为，戴安娜是女子散打运动项目的一颗闪亮的新星，未来可期。

Male Wushu Sanda Rising Star of the Year 2022

Tanish Nagar (IND)

India's Tanish Nagar has been practicing sanda since 2017 and has participated in national championship events becoming twice a Sub-Junior Champion and twice a Junior Champion. Internationally he won a gold medal at the Batumi International Wushu Championships in Georgia. In 2022 he won the gold medal in his category at the 8th World Junior Wushu Championships in Tangerang, Indonesia.

2022 男子武术散打年度新星

塔尼什·纳格尔 (印度)

印度运动员塔尼什·纳格尔 (Tanish Nagar) 从 2017 年开始习武，曾多次参加印度全国锦标赛，迄今已两获少年组冠军、两获青年组冠军，并在格鲁吉亚巴统举办的国际武术锦标赛中夺得一金。2022 年，在印度尼西亚坦格朗举行的第 8 届世界青少年武术锦标赛中，他也在自己的项目上斩获了一枚金牌。



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IWUF

INTERNATIONAL WUSHU FEDERATION



 www.iwuf.org

 iwuf@iwuf.org



Beijing Office

 Tel: +86 10 8777 4492
 9 Huaweili, Chaoyang District,
Beijing, China 100021


Lausanne Office

 Tel: +41 21 312 2583
 Avenue de Rhodanie 58,
Lausanne, Switzerland 1007

国际武联北京办公室

 +86 10 8777 4492
 中国北京市朝阳区华威里9号 (邮编:100021)

国际武联洛桑办公室

 Tel: +41 21 312 2583
 Avenue de Rhodanie 58,
Lausanne, Switzerland 1007