

# WUSHU

OFFICIAL PUBLICATION OF THE INTERNATIONAL WUSHU FEDERATION 2021



**The Launch of IWUF  
Wushu Online Classroom**

**Road to 2026 Dakar YOG**

**IWUF Officially Approved  
as IWGA Member**



国际武术联合会

INTERNATIONAL WUSHU FEDERATION

DAKAR  
2026



YOUTH  
OLYMPIC  
GAMES

# Wushu: An Official Sport in Youth Olympic Games

武术：青奥会正式比赛项目



## ROAD TO 2026 DAKAR YOG

IWUF Taijishan Competition Rules and Judging Methods Released.

Dakar 2026 Youth Olympic Games Wushu Competition Taijishan Technical Video Series  
Published Online.



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## WUSHU MAGAZINE 2021

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**Gou Zhongwen**

President of International Wushu Federation

## MESSAGE FROM THE PRESIDENT

Welcome to the 2021 issue of Wushu, the official magazine of the International Wushu Federation (IWUF). During another challenging year of the COVID-19 pandemic we still remain apart, yet continue to stand together as one connected wushu family. Despite our physical distances, we have nevertheless done much excellent work moving the sport of wushu forward, and we look ahead to clouds lifting and meeting together once again.

Safety remains of the utmost concern to the IWUF, and as we postponed several of our events, including the Sanda World Cup and the World Kungfu Championships, we also made great progress on many other projects. The remarkable IWUF Online Wushu Classroom brought the wushu community together nearly every week with its exciting online instruction, Online Wushu Classroom brought the wushu community

together nearly every week with its exciting online instruction, helping many more people around the world to improve their health and bolster their physical fitness.

I was especially pleased to see IWUF launch a new series of taijishan video courses to guide athletes, coaches and judges in training and refereeing, well in advance of the 2026 Dakar Youth Olympic Games.

IWUF established its Ethics Committee in order to safeguard the ethical principles of the federation; this is an important step in the global governance of IWUF and further aligns IWUF with the principles of the International Olympic Committee. IWUF governance continues to use technology to stay on track and move forward. In November, the 37th International Wushu Federation Executive Board meeting was held online, and this first

meeting for the 2019-2023 new Executive Board was extraordinarily productive, running smoothly even in the midst of the global epidemic. I believe we must overcome all obstacles to always adhere to the purpose of international promotion and development of wushu in all aspects. We must make unstinting efforts toward the preparation for the 2026 Dakar Youth Olympic Games, and present a memorable and exciting high-level wushu

competition for audiences around the world.

I'd like to express my deep appreciation to all of you for your thoughtful and heartfelt contributions to the celebrations for the IWUF's 30th Anniversary. Our celebration activities this past year lasted from August to December with the pinnacle on October 3, commemorating this historic day three decades ago when the International Wushu Federation was formally established in



Beijing, China in 1990. This 30th Anniversary Celebration was crowned by the achievement of wushu's approval earlier in the year by the IOC to enter the 2026 Dakar Youth Olympic Games, and we were very honored to receive an anniversary message from IOC President Thomas Bach.

Wushu in multi-sport games saw great success this year. In September 2020, the IWUF accepted the invitation to participate in The World Games 2022 Birmingham USA. This is the third time for wushu's inclusion into The World Games, and we look forward to an exciting, high-level competition. This past May, the International World Games Association Annual General Meeting (AGM) was held remotely, and overwhelmingly approved the IWUF as an official member of the International World Games Association (IWGA). I'm certain the IWUF will contribute to the diversity of the International World Wushu received a dynamic

global boost this past year as the United Nations Educational, Scientific and Cultural Organization (UNESCO) inscribed taijiquan on the Representative List of Intangible Cultural Heritage of Humanity. This is significant to the global promotion of wushu, and especially taijiquan. I'm sure it will further expand the popularity of taiji among many walks of life, and, importantly during this pandemic, help people learn how taijiquan can improve both physical and mental health.

I am so glad to see our community, especially young people, working together in many virtual spaces, on every continent, promoting a healthy and positive lifestyle through wushu. We all work consistently to bring up the standards of our sport, and I thank our IWUF members for their high commitment to wushu. We will continue to promote the Olympic spirit within our own wushu values, as we move wushu closer to Olympic inclusion.

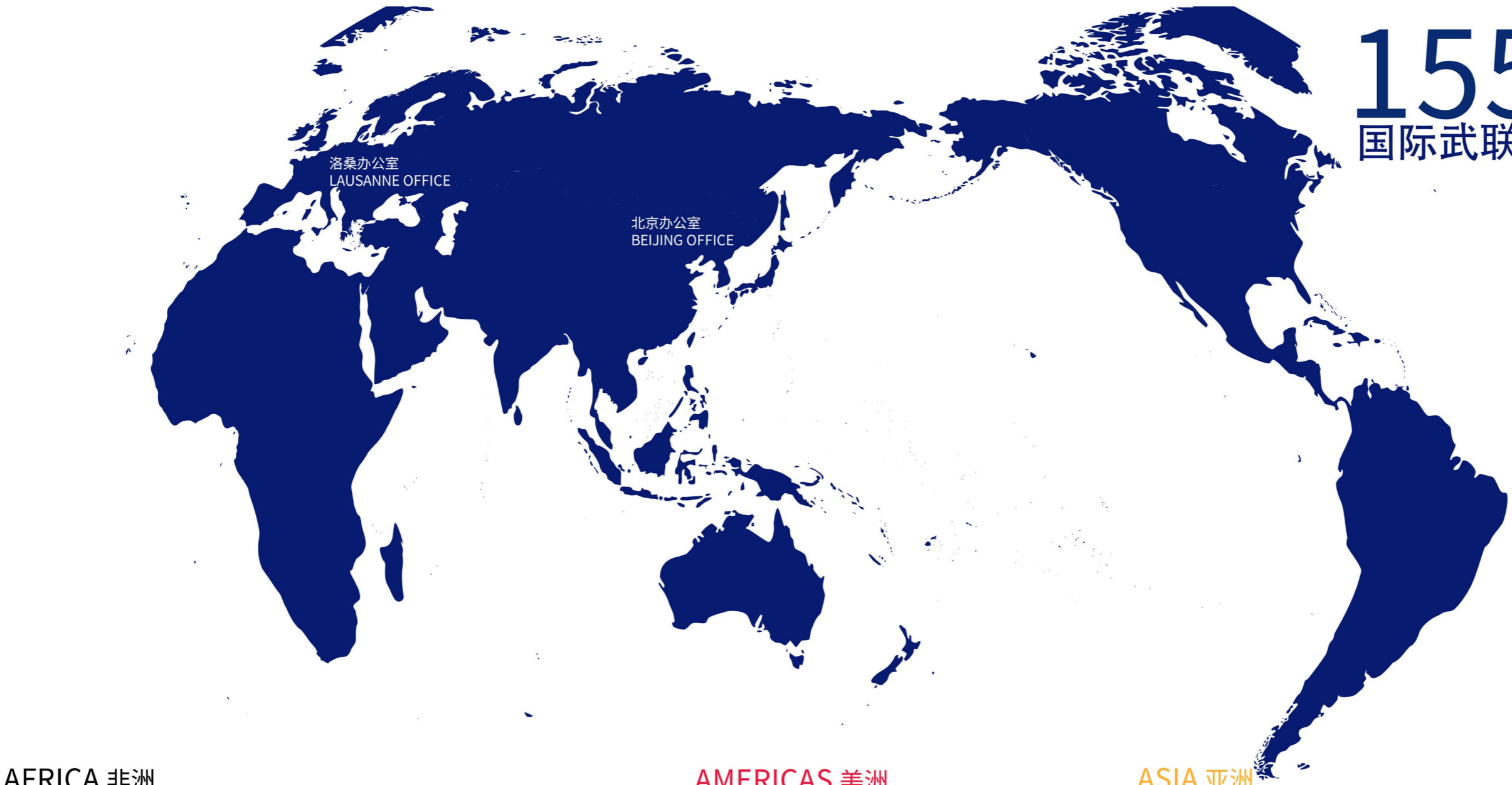
“

**In these ongoing, difficult times fighting the COVID-19 pandemic, we remain connected together as a community in heart and spirit. Your perseverance in the face of these challenges is deeply appreciated. I hope we can look forward to meeting again soon, to share our passion for wushu, and celebrate together the bright future for our sport.**

”

苟仲文





### AFRICA 非洲

- |                 |                |              |              |
|-----------------|----------------|--------------|--------------|
| 01. ALG 阿尔及利亚   | 14. GUI 几内亚    | 26. NIG 尼日尔  | 39. ZIM 津巴布韦 |
| 02. BEN 贝宁      | 15. KEN 肯尼亚    | 27. RSA 南非   |              |
| 03. BDI 布隆迪共和国  | 16. LBA 阿拉伯利比亚 | 28. RWA 卢旺达  |              |
| 04. BOT 博茨瓦纳    | 民众国            | 29. SEN 塞内加尔 |              |
| 05. CGO 刚果共和国   | 17. LBR 利比里亚   | 30. SEY 塞舌尔  |              |
| 06. CIV 科特迪瓦    | 18. MAD 马达加斯加  | 31. SLE 塞拉利昂 |              |
| 07. CMR 喀麦隆     | 19. MAR 摩洛哥    | 32. SOM 索马里  |              |
| 08. COD 刚果民主共和国 | 20. MAW 马拉维    | 33. SUD 苏丹   |              |
| 09. COM 科摩罗     | 21. MLI 马里     | 34. TAN 坦桑尼亚 |              |
| 10. EGY 埃及      | 22. MOZ 莫桑比克   | 35. TOG 多哥   |              |
| 11. ETH 埃塞俄比亚   | 23. MRI 毛里求斯   | 36. TUN 突尼斯  |              |
| 12. GAB 加蓬      | 24. MTN 毛里塔尼亚  | 37. UGA 乌干达  |              |
| 13. GAM 冈比亚     | 25. NGR 尼日利亚   | 38. ZAM 赞比亚  |              |

### EUROPE 欧洲

- |              |               |              |               |               |             |
|--------------|---------------|--------------|---------------|---------------|-------------|
| 01. AND 安道尔  | 10. CYP 塞浦路斯  | 19. GRE 希腊   | 28. MDA 摩尔多瓦  | 37. ROU 罗马尼亚  | 46. UKR 乌克兰 |
| 02. ARM 亚美尼亚 | 11. CZE 捷克共和国 | 20. HUN 匈牙利  | 29. MKD 北马其顿  | 38. RUS 俄罗斯   |             |
| 03. AUT 奥地利  | 12. ESP 西班牙   | 21. IRL 爱尔兰  | 30. MLT 马耳他   | 39. SRB 塞尔维亚  |             |
| 04. AZE 阿塞拜疆 | 13. EST 爱沙尼亚  | 22. ISL 冰岛   | 31. MNE 黑山共和国 | 40. SLO 斯洛文尼亚 |             |
| 05. BEL 比利时  | 14. FIN 芬兰    | 23. ISR 以色列  | 32. MON 摩纳哥   | 41. SMR 圣马力诺  |             |
| 06. BIH 波黑   | 15. FRA 法国    | 24. ITA 意大利  | 33. NED 荷兰    | 42. SUI 瑞士    |             |
| 07. BLR 白俄罗斯 | 16. GBR 英国    | 25. LAT 拉脱维亚 | 34. NOR 挪威    | 43. SVK 斯洛伐克  |             |
| 08. BUL 保加利亚 | 17. GEO 格鲁吉亚  | 26. LTU 立陶宛  | 35. POL 波兰    | 44. SWE 瑞典    |             |
| 09. CRO 克罗地亚 | 18. GER 德国    | 27. LUX 卢森堡  | 36. POR 葡萄牙   | 45. TUR 土耳其   |             |

### AMERICAS 美洲

- |                 |                  |
|-----------------|------------------|
| 01. ARG 阿根廷     | 14. JAM 牙买加      |
| 02. BAR 巴巴多斯    | 15. LCA 圣卢西亚     |
| 03. BER 百慕大     | 16. MEX 墨西哥      |
| 04. BOL 玻利维亚    | 17. PAR 巴拉圭      |
| 05. BRA 巴西      | 18. PER 秘鲁       |
| 06. CAN 加拿大     | 19. PUR 波多黎各     |
| 07. CHI 智利      | 20. TTO 特立尼达和多巴哥 |
| 08. COL 哥伦比亚    | 共和国              |
| 09. CRC 哥斯达黎加   | 21. URU 乌拉圭      |
| 10. CUB 古巴      | 22. USA 美国       |
| 11. DOM 多米尼加共和国 | 23. VEN 委内瑞拉     |
| 12. ECU 厄瓜多尔    |                  |
| 13. GUY 圭亚那     |                  |

### ASIA 亚洲

- |               |                |                   |
|---------------|----------------|-------------------|
| 01. AFG 阿富汗   | 14. KGZ 吉尔吉斯斯坦 | 27. PLE 巴勒斯坦      |
| 02. BAN 孟加拉国  | 15. KOR 韩国     | 28. PRK 朝鲜        |
| 03. BRU 文莱    | 16. KUW 科威特    | 29. SGP 新加坡       |
| 04. CAM 柬埔寨   | 17. LAO 老挝     | 30. SRI 斯里兰卡      |
| 05. CHN 中国    | 18. LBN 黎巴嫩    | 31. SYR 叙利亚阿拉伯共和国 |
| 06. HKG 中国香港  | 19. MAC 中国澳门   | 32. THA 泰国        |
| 07. INA 印度尼西亚 | 20. MAS 马来西亚   | 33. TJK 塔吉克斯坦     |
| 08. IND 印度    | 21. MDV 马尔代夫   | 34. TKM 土库曼斯坦     |
| 09. IRI 伊朗    | 22. MGL 蒙古     | 35. TPE 中华台北      |
| 10. IRQ 伊拉克   | 23. MYA 缅甸     | 36. UZB 乌兹别克斯坦    |
| 11. JOR 约旦    | 24. NEP 尼泊尔    | 37. VIE 越南        |
| 12. JPN 日本    | 25. PAK 巴基斯坦   | 38. YEM 也门        |
| 13. KAZ 哈萨克斯坦 | 26. PHI 菲律宾    |                   |

### OCEANIA 大洋洲

- |                 |
|-----------------|
| 01. ASA 美属萨摩亚   |
| 02. AUS 澳大利亚    |
| 03. FIJ 斐济      |
| 04. NCL 新喀里多尼亚  |
| 05. NZL 新西兰     |
| 06. PNG 巴布亚新几内亚 |
| 07. SAM 萨摩亚     |
| 08. SOL 所罗门群岛   |
| 09. VAN 瓦努阿图    |

Note: IWUF membership as of December, 2021  
国际武联会员协会（截至2021年12月）

# IWUF TIMELINE 1990-2021



The International Wushu Federation (IWUF), which was established on October 3rd, 1990, is the international federation (IF) which governs wushu in all its forms worldwide. Currently, the IWUF has 155 members across 5 continents.

Recognized by:



In Partnership with:



1990

**1990**-IWUF founded on October 3rd during the Asian Games.



1991

**1991**-The 1st World Wushu Championships held in Beijing, China.

1994

**1994** – IWUF accepted as a member of the GAISF (known today as Sport Accord) during its 28th Congress.

2001

**2001** - IWUF signs WADA agreement.

2002

**2002** -IOC officially recognizes the IWUF during its 113th session.

**2002** -1st Sanda World Cup held in Shanghai, China

2004

**2004** -1st World Traditional Wushu Festival, known today as World Kungfu Championships, a sport for all event, held in Zhengzhou, China.

2006

**2006**-1st World Junior Wushu Championships held in Kuala Lumpur, Malaysia.

2008

**2008**-Beijing 2008 Wushu Tournament held in conjunction with the 2008 Summer Olympic Games.



2011

**2011**-Wushu shortlisted for inclusion in the 2020 Summer Olympic Games.

2012

**2012**-IWUF headquarters established in Lausanne, Switzerland.

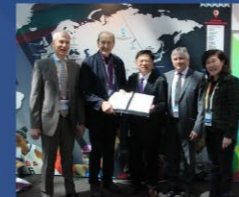
2014

**2014**- Nanjing 2014 Youth Wushu Tournament held in conjunction with the 2014 Youth Olympic Games.



2015

**2015**-IWUF signs cooperation convention with FISU.



**2014** -1st World Taijiquan Championships held in Sichuan, China.



2016

**2016** – 1st Taolu World Cup held in Fuzhou, China.



2017

**2017** – Wushu's inaugural inclusion in the 2017 Summer Universiade program in Chinese Taipei.



2018

**2018**– Wushu's debut in the World University Championships in Macau, China.



**2018**– Celebration of 1st World Wushu-Kungfu Day.

2020

**2020**– Wushu's inclusion as an official sport in the Dakar 4th Youth Olympic Games sports programme.



2021

**2021**-IWUF Officially Approved as IWGA Member



## IWUF Ethics Committee Formally Established



**Chairman**  
Walt MISSINGHAM  
Australia (AUS)



**Member**  
Julian Camacho  
Philippines (PHI)



**Member**  
Mahdi Alinejad  
Iran (IRI)

The IWUF Ethics Committee was formally established in July, 2020, with the approval of the IWUF Executive Committee, in order to strengthen the IWUF ethics policy, establish a sound IWUF ethical restraint mechanism, and promote the healthy and sustainable development of international wushu.

The IWUF Ethics Committee is responsible for the application of the IWUF Ethics Code and of the ethics principles and ethics rules of the Constitution; investigates cases of possible violation of any ethics rules, in accordance with the IWUF Ethics Code; shall recommend to the President and the IWUF Executive Board which measures or sanctions shall be imposed in a given case; can also advise individuals in connection with situations of potential or perceived conflict of interest.

According to the IWUF Constitution, the members of the Ethics Committee are appointed by IWUF President Gou Zhongwen. Currently, the Ethics Committee is composed of three members, with Walt Missingham (Australia) as Chairman and Mahdi Alinejad (Iran) and Julian Camacho (Philippines) as the other two members.

The establishment of the IWUF Ethics Committee is one of the important initiatives of the IWUF to deeply implement the International Olympic Committee (IOC)'s global governance principles and ethics building requirements, and is also an important step for the IWUF to further strengthen the ethical culture of the organization and to take a step towards promoting good and transparent global governance.

## IWUF Solidarity Program - 2020 Equipment Support Program Launched

IWUF Solidarity Program 2020 Equipment Support Program was launched on November 4, 2020, as part of a COVID-19 recovery to reviving wushu community. The COVID-19 pandemic has deeply affected our common life, especially as wushu training and competitions have all been cancelled or postponed. The IWUF decided to have this Equipment Support Program presented to assist our members going through these difficult times to get back on track as early as possible by directly providing the wushu equipment to NFs, which will also be a significant beneficiary for building up National (Territorial) Federation' s capacity in the post-pandemic period.

The Equipment Support Program, as a part of the IWUF Solidarity Program, aims to provide wushu equipment to National (Territorial) Federations (NFs), to meet their training and competition requirements as well as to ensure safety standards. This time, four categories for the Equipment Support Program were listed: Level A, Level B, Level C and Level D. Each federation can apply for one most appropriate after carefully reading the 2020 Equipment Support Program Guidelines. The Application Deadline is November 18, 2020.

## IWUF Code of Ethics and IWUF Email Guidelines Announced

IWUF Code of Ethics (2020) and IWUF Email Guidelines (2020) were issued by the IWUF and was effective on October 28th, 2020. Based on the values and principles of the IWUF Constitution, the Code and the Guidelines are developed as an integral part of the IWUF' s official governing documents of the IWUF.



IWUF undertakes to foster the culture of ethics and integrity throughout the wushu family. IWUF Code of Ethics (2020) regulates fundamental principles, integrity of conduct, integrity of competitions, good governance, conflict of interests, confidentiality, procedural rules and the roles of secretariat. IWUF Code of Ethics (2020) is another major step IWUF takes in implementing the International Olympic Committee (IOC)'s global governance principles and ethics building requirements.

IWUF Email Guidelines (2020) is designed to operate in the context of emails concerning, directly or indirectly, the IWUF. The purpose of the Guidelines is to provide guidance on use of emails representing or concerning the IWUF or any of its members or affiliated organizations. These Email Guidelines regulate IWUF Email addresses, matters concerning writing emails, prohibited emails, emails by IWUF officials, use of emails by IWUF staff and/or with IWUF property, and sanctions regarding inappropriate use and privacy policy.

国际武术联合会  
INTERNATIONAL WUSHU FEDERATION

**ANNOUNCEMENTS OF IWUF CODE OF ETHICS AND IWUF EMAIL GUIDELINES**

IWUF CODE OF ETHICS (2020)

IWUF CODE OF ETHICS (2020)

IWUF EMAIL GUIDELINES (2020)

IWUF EMAIL GUIDELINES (2020)

**Effective Date: October 28th, 2020**

Based on the values and principles of the IWUF Constitution, the Code and the Guidelines are developed as an integral part of the IWUF' s official governing documents of the IWUF.

www.iwuf.org @iwufofficial @iwuf\_official @iwufnews

■ IWUF Email Guidelines (2020)

[Download](#)

■ IWUF Code of Ethics (2020)

[Download](#)

## 37th IWUF Executive Board Meeting Held Successfully

On November 24, 2020, the 37th International Wushu Federation Executive Board meeting was held successfully online. IWUF President Gou Zhongwen and IWUF Honorary President Yu Zaiqing attended the meeting.

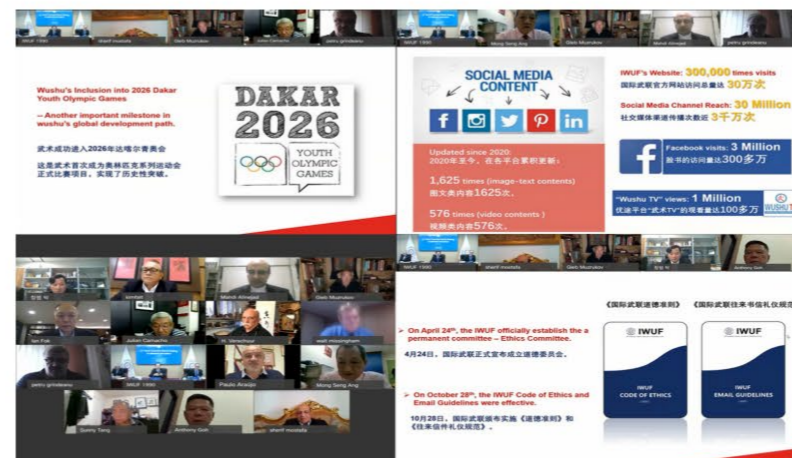


President Gou Zhongwen commented that this meeting, the first meeting for the 2019-2023 new Executive Board, is of great significance as it falls under the new situation, and challenges of the global epidemic. In view of future working directions and key tasks, President Gou proposed that we must always adhere to the purpose of international promotion and development of wushu, and strive to promote the development of international wushu in all aspects. We must make great efforts toward the preparation for the 2026 Dakar Youth Olympic Games, in order to present a memorable, spectacular and high-level wushu competition for the audiences around the world. It is



necessary to step up the construction of the IWUF grading system as a "user friendly, open and transparent" system. It is necessary to steadfastly promote the construction of ethical standards and continuously improve the IWUF's moral code of ethics. We must truly respect, understand, unite and support IWUF's member associations and effectively promote the vigorous global development of the sport of wushu.

The meeting listened to the Work Report (2019-2020) by the Secretary General Mr. Zhang Qiuping, the Financial Report (2019-2020) by the Treasurer Mr. Ang Mong Seng, and the Progress Report by the IWUF Ethics Committee Mr. Walt Missingham. The meeting unanimously approved the minutes of the 36th IWUF Executive Board Executive Committee and reviewed the minutes of the 15th IWUF Congress.



The meeting also approved a number of important documents including IWUF Certified Wushu Competition Application Procedures & Application Form and IWUF Certified Training Center Application Procedures & Application Form, which further regulate the wushu competition certification systems and training markets, as well as COVID-19 IWUF Guidelines and Recommendations, which provides detailed and practical pandemic prevention information for member associations.

## The IWUF Commonwealth Working Group Officially Established

In order to accelerate the promotion of wushu as an official competition event of the Commonwealth Games, and further enhance the popularity and development of the sport of wushu among Commonwealth members, the IWUF Commonwealth Wushu Working Group was formally established on November 5, 2020, with the approval of the IWUF President and held its first video meeting on November 19, 2020.

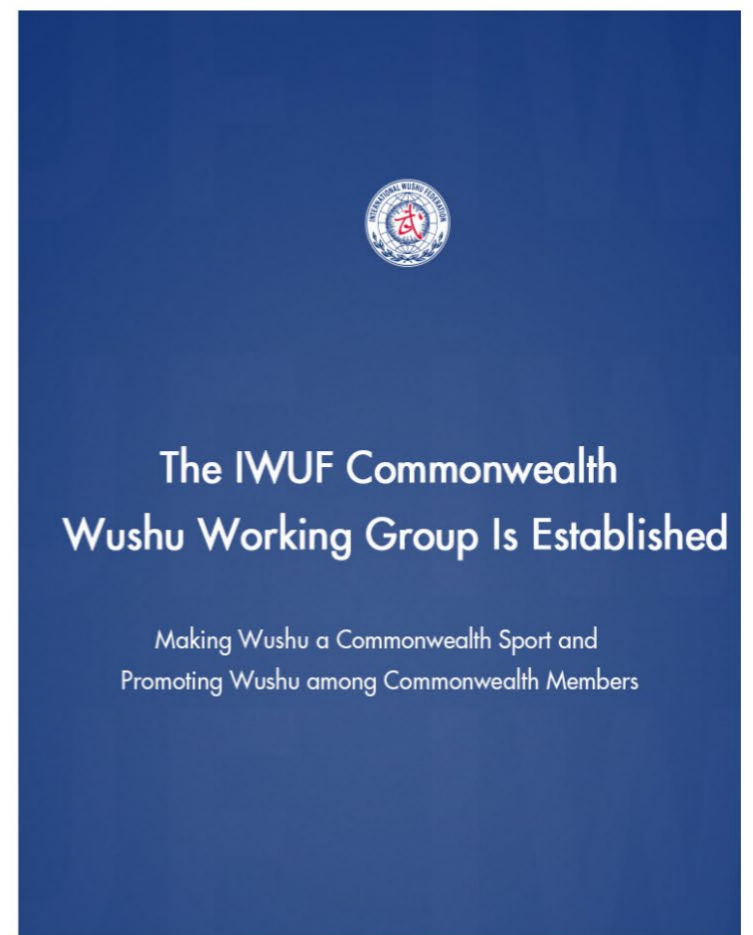
According to the IWUF Constitution, members of the IWUF Commonwealth Working Group were appointed by the IWUF President. Currently, the IWUF Commonwealth Working Group consists of six members; the group is led by Mr. Walt Missingham (AUS), with Sheriff Mostafa (EGY) and Kim Fatt Chong (MAS) as deputy group leaders and three group members, Martin Ba'ai Rara (SOL), Patrice Komenan (BEN) and Bhupender Singh Bajwa (IND).

The Commonwealth Games, organized by the Commonwealth Games Federation (CGF), is an influential international multi-sport event. It is very important for the further development of wushu to strive to become an official event of the Commonwealth Games.

IWUF has prepared for promoting wushu into the Commonwealth Games. At present, 40 out of 155 members of IWUF are Commonwealth members, composing nearly 60% of the total membership of the Commonwealth. Wushu has a high level of popularity among a significant number of Commonwealth Members and these Commonwealth Member Associations have actively cooperated in supporting the IWUF's preparations to include wushu into the Commonwealth Games, with several members having received written letters of support from their National Olympic Committees or Sports Ministries. In addition,

IWUF organized the Commonwealth Wushu Interim Working Group meetings during the 2017 Kazan World Wushu Championships and the 2019 Shanghai World Wushu Championships.

Wushu now has fulfilled the basic requirements to become an official event of the Commonwealth Games, and the establishment of IWUF Commonwealth Working Group is one of the important initiatives to accelerate the achievement of this goal. It is also one of the important embodiments of the IWUF's consistent adherence to the purpose of international promotion and development of the sport of wushu.



## IWUF Anti-Doping Rules 2021 Enters into Force

On January 1, 2021, the 2021 World Anti-Doping Code (Code) entered into force. IWUF has therefore amended its own Anti-Doping Rules. The IWUF Anti-Doping Rules (ADR) 2021, effective also since 1 January 2021, replaces the IWUF ADR 2015 which is in line with the World Anti-Doping Agency's (WADA) 2021 Code. The new rules were approved by the IWUF Executive Board on December 18, 2020.

The 2021 World Anti-Doping Code was released by WADA earlier last year. Changes to the 2015 Code include among others:

- A new 'Athletes' Anti-Doping Rights Act' document;
- Less restrictions and more flexibility in sanctions for "protected persons" and "recreational athletes";
- Reintroduction of 'Aggravating Circumstances';
- Whereabouts requirements for team sports and athletes in team sports;
- Stricter sanctions for tampering.

WADA has also introduced two new International Standards – the International Standard for Education and the International Standard for Results Management – bringing International Standards to a total of eight.

[International Standard for Code Compliance by Signatories \(ISCCS\)](#)

[International Standard for Education \(ISE\) \(New\)](#)

[International Standard for Laboratories \(ISL\)](#)

[International Standard for the Protection of Privacy and Personal Information \(ISPPPI\)](#)

[International Standard for Results Management \(ISRM\) \(New\)](#)

[International Standard for Testing and Investigations \(ISTI\)](#)

[International Standard for Therapeutic Use Exemptions \(ISTUE\)](#)

International Standard for the List of Prohibited Substances and Methods (Prohibited List)

The 2021 Code, which follows from previous versions that entered into effect in 2004, 2009 and 2015, includes a number of important changes to global anti-doping policies, rules and regulations within Anti-Doping Organizations (ADOs) around the world. It works in conjunction with the eight Standards that foster consistency among ADOs in technical areas.





**Kind Reminder: The 2021 List of Prohibited Substances and Methods Enters into Force on 1 January 2021.**

IWUF kindly asks wushu athletes and all the other stakeholders to review the Prohibited List 2021 carefully, especially the new modifications, to avoid inadvertent use of substances and methods that are prohibited in wushu for 2021.

Download Link: <http://www.iwuf.org/multimedia/>

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For more information, please contact [antidoping@iwuf.org](mailto:antidoping@iwuf.org).

## 2021 List of Prohibited Substances and Methods Enters into Force

The International Wushu Federation (IWUF) reminds all National (Territorial) wushu Federations (NFs), all wushu athletes, coaches and all other stakeholders that the 2021 List of Prohibited Substances and Methods (known as the "Prohibited List") entered into force on January 1, 2021. The Prohibited List is usually published on an annual basis by the World Anti-Doping Agency (WADA) and approved by WADA's Executive Committee (ExCo).

The Prohibited List, which is one of the eight International Standards that are mandatory for all Signatories of the World Anti-Doping Code (Code), designates what substances and methods are prohibited both in and out-of-competition. It is the responsibility of every athlete to check regularly that the substances and methods they use are not prohibited in sport. Therefore, IWUF kindly asks wushu athletes, and their entourage, to review the Prohibited List carefully and to take particular note of this year's modifications to avoid inadvertent use of substances and methods that are prohibited in wushu for 2021.

To view the changes made in the 2021 Prohibited List as compared to the 2020 version, please see the 2021 Summary of Modifications and Explanatory Notes.

## Virtual IWUF Athletes' Committee Meeting 2021 Held Successfully

On May 7th 2021, the IWUF Athletes' Committee Meeting 2021 was held virtually with success.



**Chairman**

Daria Tarasova

 Russia (RUS)

At the meeting, Ms. Daria Tarasova (RUS) was unanimously elected as the Chairman of the IWUF Athletes' Committee (2019-2023). Also, many athletes-related topics were discussed,

regarding the preparation for the 10th IOC International Athletes' Forum, events information release, online training, and grading system.

The minutes of this meeting were approved via email afterwards. Ms. Daria Tarasova was nominated as the representative of the IWUF Athletes' Committee on the Executive Board. According to the IWUF Constitution Art. 23.2 & 23.7, Ms. Daria Tarasova officially enters the IWUF Executive Board and becomes an EB member.

IWUF Secretary General Mr. Zhang Qiuping attended the meeting virtually, and on behalf of President Mr. Gou Zhongwen, he sincerely welcomed all members and expressed his appreciation that all members could be present together at the virtual meeting. Despite of the global crisis affected by the pandemic COVID-19, the IWUF has done a lot of work and continuously made notable achievements in the sport. He hopes that all members could stay healthy, and make persistent efforts to contribute to the promotion of international wushu.



**Virtual IWUF Athletes' Committee Meeting 2021  
Successfully Held, Daria Tarasova Elected as the  
Chairman, and Enters the IWUF Executive Board**

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## 2021 Senegal Taolu National Championship Concluded

The Senegal Taolu National Championship concluded on April 3 and in the presence of the Chinese ambassador to Senegal, Xiao Han, accompanied by Chief of Staff of Senegalese Minister of Sports, Ibrahima Ndao, and the President of the Senegalese KungFu Wushu Federation, Sala Dior Mbaye etc. More than 500 representatives from all over Senegal attended the event.



Xiao Han was delighted to see that wushu has been welcomed by the Senegalese and has many young enthusiasts, and become an important bridge for humanistic exchanges between China and Senegal. In recent years, China and Senegal have carried out fruitful cooperation on wushu, and with the strong support of the Senegalese KungFu Wushu Federation and the Olympic Committee, wushu has become an official event of the Youth Olympic Games in Dakar in 2026. He wishes Senegal wushu athletes a new breakthrough at their home ground.

Mr. Ndao, thanked China for its strong support for the construction and repair of sports infrastructure in Senegal and said that the sports authorities of the two countries are working closely on the cooperation between the Beijing 2022 Winter Olympic Games and the Dakar 2026 Youth Olympic Games. The President of the Senegal Wushu Federation, Mr. Mbaye, reviewed the development of Senegal wushu and thanked China for providing financial and equipment



assistance and training support for the development of Senegal wushu.

At the event, Ambassador Xiao handed over a batch of wushu training and competition equipment provided by the Chinese Wushu Association, presented certificate of honour to senior Senegal wushu instructors and medals to the champions of the tournament. 360 players participated in the championship. The championship was characterized by strong competitions, which made it a successful sport event.

## Zambian Kungfu Athletes Participated in Two Regional Tournaments

Zambia's participation in two regional Kungfu competitions inspires many young people in the country to take up Chinese wushu.

The Zambia Wushu Kungfu Federation was invited by the Red Dragon Shaolin Kungfu of Botswana to participate in a competition held from October 28-30, 2021, and by the Congo Kungfu Federation in the Democratic Republic of the Congo (DRC) to take part in a competition held in May, 2022.

"We accepted invitations from the DRC and Botswana because of the importance of their subjects, and we anticipate that the chosen contestants would gain knowledge from the competition and bring home the trophy for Zambia," the federation said.

The federation intended to send six athletes for the competition in Botswana and has organized a local tournament to select participants.

Organized by the Gwesani Pansi Kungfu Club in collaboration with the Zambia Wushu Kungfu Federation, the "Kungfu Fight Night" was held on August 30, 2021.



## Zambia Wushu Kungfu Federation 2021 Meeting Held Successfully

On Sunday, August 8, 2021, the Zambia Wushu Kungfu Federation had a meeting held at its head office in Lusaka, Zambia. Directors, managers and a few coaches attended the meeting, and others were on Zoom to avoid over crowding due to COVID-19.

The agenda of the meeting was to strategize on how it will implement its plans that were made last year at the A.G.M amid COVID-19. It was agreed that, since the number of leaders is increasing and all the 600 students that stopped training due to the pandemic are likely to commence when the country is free from the pandemic, the Zambia Wushu Kungfu Federation should amend the constitution to add some positions that were promised at their first meeting when this organization was being created.

Secondly, all the training is still on hold until further notice and coaches were advised to use this chance to polish their skills or continue practicing to avoid losing their skills.

Thirdly, the organization should create its website, Twitter page and YouTube channel to make this organization well known.

Last but not the least, the funding request and fundraising ventures plans that were made were eliminated due to COVID-19 and elections. The Organization team will continue paying their monthly contribution and pledges just to raise some funds that the federation may require in future.



## The First National Junior Wushu Virtual Competition in China Held Successfully

The 1st National Junior Wushu Virtual Competition lasted for more than three months, begin with the registration on April 30, to August 17 when the results were announced. A total of 325 groups and 1,113 athletes from all over China participated, with the youngest athlete aged 2.5 years old and the oldest athlete aged 63 years old (wushu teachers and coaches groups,) from various groups and organizations including primary and middle schools, kindergartens, professional wushu teams, wushu schools, youth wushu clubs, youth palaces, and wushu associations in Hong Kong, China, and Macau, China. A total of 1,164 videos were received. During the online competition, the total number of video interactions, comments, and shares exceeded 8 million.



## 2021 Iran Taijiquan Championship Held Successfully



The second and final rounds of Iran Taijiquan Championship were held on February 18-19, 2021 at Iran Mall exhibit Center in Tehran.

Due to the unprecedented situation caused by COVID-19 pandemic, this year's championship contests had a different face. In the first round, more than 300 athletes from around the country sent their recorded routines videos to the organizing committee. Then, judges selected the winners to enter the second and final round.



With austere health regulations, 50 female and 50 male Taijiquan athletes participated from all age groups and competed in two days, and the medalists were announced.



## 2021 China-Latin American and Caribbean Taijiquan Online Competition Concluded Successfully



On April 30, 2021, the China-Latin American and Caribbean States Taijiquan Online Competition concluded successfully. Hosted by the Chinese Wushu Association, it lasted for one month, and this competition attracted more than 200 athletes from 13 countries and regions to participate. Nearly a thousand videos were uploaded, and nearly 7 million internet users from 127 countries and regions around the world participated in voting. Nearly 200 media press from Latin America reported on this competition. Meanwhile, 17 athletes' video were updated on YouTube which reached over 320K views.

President of International Wushu Federation and Chinese Olympic Committee, Mr. Gou Zhongwen extended his warm congratulations on the opening of this competition. Mr. Gou Zhongwen looked back to the long-last friendship and sport cooperation between China and the Latin American and Caribbean countries. Even since the outbreak of COVID-19, Chinese people and the people of Latin American and Caribbean countries have stood alongside and supported each other in COVID-19 responses and economic recovery.

The 2021 China-Latin American and Caribbean Taijiquan Online Competition is intend to promote wushu, encourage physical activity, combat COVID-19 and celebrate friendship among their peoples. Taijiquan has been inscribed on the UNESCO Representative List of the Intangible Cultural Heritage of Humanity and included in the Dakar 2026 Summer Youth Olympic Games, it serves an important vehicle for cultural and people-to-people exchanges. He suggested this competition is a great opportunity establish a forum for exchanges among wushu associations in China and the Latin American and Caribbean countries, to help people better communicate and work together to develop and promote wushu.



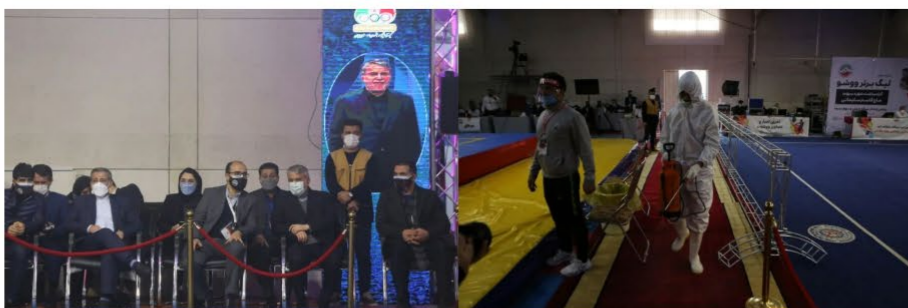
## The 2021 Iran Wushu Pro League Concluded Successfully



On February 1, 2021, the 14th Iran Men's Wushu Pro League competition concluded successfully. The Iran NOC president Reza Salehi Amiri and Secretary General Keykavous Saeidi attended the event, cheering for wushu athletes. After one week of tense competitions, Islamic Azad University Club was the winner of the 14th edition Pro League crown. Following the successful event of the Iran Men's Wushu Pro League, on February 6, the 2021 Iran Women's Wushu Pro League also came to a successful end. After nearly a week of fierce competition, the Sepahan Club finally won the league crown.



In the context of COVID-19, the Iran Wushu Association strictly abides by the relevant regulations of this national epidemic. Under the COVID-19 IWUF Guidelines and Recommendations to protect athletes, coaches and all participants against the pandemic, the federation was able to present exciting events and oversee the orderly management of all aspects of wushu competition which received wide praise by coaches, athletes and many spectators in Iran.



It is reported that Islamic Republic of Iran Broadcasting (IRIB) attaches great importance to this league and conducted 6 nationwide live streams during the competitions.

## 2020 New Zealand National Wushu Championships Held in Auckland

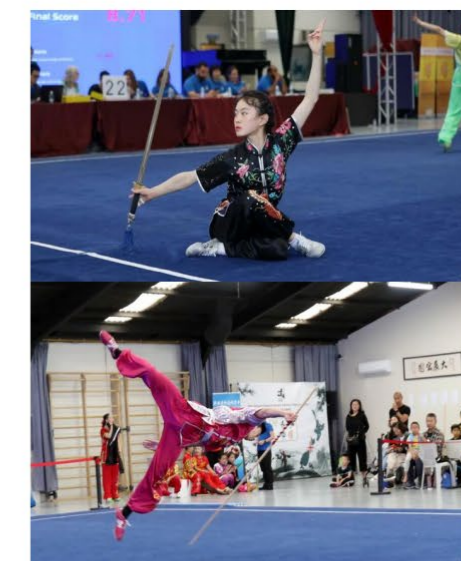
From December 5-6, 2020, the 2020 New Zealand National Wushu Championships organized by the New Zealand National Wushu Federation was held in Auckland. Although affected by the pandemic, everyone's enthusiasm for wushu remained high. The scale of the competition this year was smaller than in previous years. There were seven participating teams, and more than 60 athletes participated in traditional wushu routines such as jianshu, qiangshu, daoshu and gunshu, and taiji competitions of different age groups; there were 45 male and female sanda players participating in sanda competitions of different weight categories.



The opening ceremony began with a welcome speech given by Mr. Glen Keith, Chairman of the New Zealand National Wushu Federation. In his speech, he sincerely thanked all sectors of the society for their sponsorship and support for this event in this special year and special period, and expressed his warm welcome and sincere thanks to the wushu colleagues, athletes and guests from all over New Zealand.



In the anticipation of the audience, the 2020 New Zealand National Wushu Championships kicked off. The competition was divided into three events of taolu, taiji and sanda. Competitors participating in various competitions competed fiercely.



One of the main supporters of this Championships, Mr. Zhou Huibin, President of the New Zealand Hunan General Chamber of Commerce, said that this year has been greatly affected by the pandemic, but the pandemic cannot stop New Zealanders from loving wushu. The success of the New Zealand National Wushu Championships has special meaning and it ignited hope and fire for New Zealand and wushu lovers all over the world. After two days of intense competition, Kameron Li, Anna Zhou, and Byran Chu won the triathlon champions of men and women in different age groups, and Allister Villiers won the Sanda King trophy of this Championships.

2020 New Zealand National Wushu Championships Held in Auckland

The 9th Riga Open Wushu Cup was held in the Sports Hall of Society “Riga’s Wushu Kungfu Sports School” in Latvia from August 15-16, 2020.

For the 9th year in a row Riga hosted high level sportsmen and women from six countries for the international wushu competition. The competition started on August 15 with the taolu contest, followed by the competition opening ceremony and team procession. On August 16, onlookers were invited to the competition closing ceremony at 10:00 and award ceremony at 15:30.



Estonian Wushu Taolu Online Championships Held Successfully

The Estonian Wushu Taolu Online Championships were successfully held in Estonia on March 22, 2021 online.



1st Vilnius Open Wushu Cup Held Successfully

The 1st Vilnius Open Wushu Cup was hosted by the Lithuanian Wushu Federation. The event started on Saturday December, 12, 2020 and took place at G7 Sportas, Vilnius, Lithuanian.



The 1st & 2nd Open International Latvian Online Wushu Championships Held Successfully

The 1st Open International Latvian Online Wushu Championships were held online from March 20-21, 2021. The competition included modern taolu, traditional taolu and duilian events covering all age groups.

The 2nd Open International Latvian Online Wushu championships were also held online from June 19-20, 2021. Schools from Latvia, Lithuania, Russia, Armenia, Estonia, England, Italy, China, Switzerland, Slovakia, Belarus, Egypt and Spain participated in this competition.

6th Lithuanian Open Wushu (Kungfu) Championship Held Successfully

The 6th Lithuanian Open Wushu Championship was held successfully from 18-19 September, 2020. The Competition included taolu, tuishou, kongsao, sanda, qingda covering various age groups. The taolu competition program included wubuquan, barehand forms, short/long weapons, taijiquan weapons, traditional barehand form, traditional weapons, duilian, and group events.



6th Baltic Open Wushu Championships Held Successfully

The 6th Baltic Open Wushu Championships were held in Riga, Latvia from October 9-12, 2020. This competition included modern wushu taolu, traditional wushu taolu, duilian and group events covering various age groups.



Serbian Wushu Tournament Concluded in Sombor

With respect to the measures against COVID-19, the Serbian Kungfu Wushu Federation managed to organize a wushu tournament on March 12, 2021 in Sombor. 200 competitors from Serbia and Bosnia and Herzegovina participated. The tournament included different weight categories of sanda for younger and older ages, taiji and yongchun forms.



## USAWKF Online Seminar Series Concluded Successfully



The United States of America Wushu Kungfu Federation (USAWKF) published three online seminar sessions on June 12, July 10 and August 14, 2021. 21 lessons were conducted covering taolu techniques and movement combination, sanda techniques and practical usage, traditional wushu and functional exercise for wushu athletes. Top global instructors were invited to teach and share their knowledge to wushu practitioners around the world. All of the lessons can be found at USAWKF's Youtube channel: <https://www.youtube.com/@unitedstatesofamericawushu1158/playlists>

## 9th Taiyon Cup 2021 Completed Successfully

The 9th Taiyon Cup 2021 was held on March 20, 2021 and completed successfully. This is the first face-to-face wushu event that took place in Mexico after a year of pandemic, an event that respected all security protocols and that included the participation of 19 states of the Mexican Republic. Resuming face-to-face wushu events was done with the endorsement of the Mexican Republic Wushu Federation (FMWKF).



## The Work of the Chilean Wushu Federation in Times of COVID-19, 2020-2021

The outbreak of COVID-19 posed enormous pressure on the country's development and people's daily life. Therefore, The Chilean Wushu Federation need to be creative and come up with ways to accommodate to the new reality.

The Chilean Wushu Federation upholds the principles, values and spirit promoted by wushu as well as sports in general, and intends to contribute to the nation's post-COVID-19 recovery. Taking into consideration the restrictive measures at the moment, they have sought to continue with activities that do not pose threats to the health of the participants and that of their families. Meetings of the board of directors, technical committees and wushu judges were held online, and so were courses at wushu clubs and schools, thereby ensuring that athletes and students continue to receive proper instructions and that their health, both physical and psychological, is safeguarded.

Below is a brief account of Chilean Wushu Federation activities in the past year:

### Judges Courses (Sanda)

The courses were given remotely between May and August of 2020 and consisted of four written modules, one appendix, and one multimedia module. At the end of the training, participants needed to pass one written exam and two practical exams via Zoom, so as to guarantee the quality of their training. Here, Chilean Wushu Federation would like to express their gratitude to Mr. Mauricio Mascaró, main platform judge of sanda and also an important member of their Federation. He is in charge of the program and has put all his valuable experience in the courses. In addition, we congratulate all the participants, especially to the new judges for their enthusiasm and dedication that allowed the project to be completed successfully.



### WUSHU EN CASA

Destacados exponentes nacionales de Wushu moderno impartirán Clases a distancia abiertas al público



### Online Wushu Classes

On June 20, 21, 27, 28 and July 4, 5 and 11, 2020, Chilean Wushu Federation held online wushu classes which were open to the entire wushu community. The classes were broadcast on TV and featured coaches and athletes of outstanding trajectory. They were: Héctor Toledo, Tanglangquan style; Ariel Mancilla, Shaolinquan; Juan Sandoval, Wushu for children; Fabian Reyes, Xingyiquan; Moises Bobadilla, Changquan; David Bobadilla, Huaquan; and Luis Bernal, Nanquan. In general, each class was attended by 30 to 40 people, and a total of 200 people from not only Chile, but also Argentina, Bolivia and Peru participated in the program.

## Celebration of the World Wushu-Kungfu Day (WWKD)



Seguimos trabajando,  
a pesar de la pandemia...

On the Saturday of August 8, 2020, the World Wushu-Kungfu Day (WWKD) was celebrated worldwide. To commemorate the occasion, Chilean Wushu Federation organized a variety of online activities for young wushu learners, including Chinese Mandarin classes given by Professor David Bobadilla, sanda classes by the national team's sanda coach Patricio Córdova, and the drawing contest "wushu day." All these activities can help promote wushu in Chile.



**Clase de Idioma Chino**

El Atleta David Bobadilla hará una clase de chino mandarín para los niños que entrenan wushu kungfu

**Sábado 08 de Agosto**  
**11:00 Hrs. Vía Zoom**

08 de Agosto, Día Mundial del Wushu - 30vo Aniversario de IWUF



## Junior Wushu Championships (Online)

The First National Junior Wushu Championships of Chile is scheduled to be held online on October 12, 2020, with the main purpose of motivating the younger generations to practice wushu.

**CAMPEONATO DE WUSHU JUNIOR**  
Modalidad virtual

**12/10 2020**

ORGANIZA: FEDERACION CHILENA DE WUSHU

The organization of this online event demonstrates Chilean Wushu Federation's continuous efforts to search for alternatives that allow them to keep the sport of wushu in the public view.

**CAMPEONATO DE WUSHU JUNIOR - ONLINE**

- Taolu Tradicional y Moderno
- Categorías Básicas y Avanzados

**Lunes 12 de Octubre**  
**Desde las 11:00 AM**

Organiza: Federación Chilena de wushu

Transmisión **LIVE**

## Senegal and the IOC agree to postpone the Youth Olympic Games Dakar 2022 to 2026

Senegal and the International Olympic Committee (IOC) have mutually agreed to postpone the Youth Olympic Games (YOG) Dakar 2022 to 2026.

President Macky Sall's proposal was welcomed by IOC President Thomas Bach, following in-depth discussions on the subject. This postponement meets the requirement of responsibility and the concern for efficiency imposed by current circumstances.

The postponement of Dakar 2022 allows the IOC, the National Olympic Committees (NOCs) and the International Federations (IFs) to better plan their activities, which have been strongly affected by the postponement of the Olympic Games Tokyo 2020, by the subsequent postponements of major international sports events, and by the operational and financial consequences of the global health crisis.

At the same time, it allows Senegal to carry on the excellent preparations for the Youth Olympic Games. The two leaders, who praised the progress made so far, have jointly renewed their confidence in Dakar 2022 President Mamadou Diagna Ndiaye, IOC Member in Senegal, and both remain fully committed to the great success of these Youth Olympic Games, the first Olympic event ever to be organised in Africa.

Dakar 2026 Youth Olympic Games will be the first time that wushu has been included in the YOG sports programme. So far, in addition to the original 28 major events, the Dakar Youth Olympic Games in 2026 will add a total of 7 events including wushu.

The agreement was approved on 15 July by the IOC Executive Board, and will be submitted to the IOC Session for ratification this Friday, 17 July 2020.

# DAKAR 2026



## Events Postponement

The 10th Sanda World Cup originally scheduled from November 26-30, 2020, in Melbourne, Australia will be postponed to be held at a later time.

**Notice**

The 10th Sanda World Cup

originally scheduled from November 26th to 30th, 2020 in Melbourne, Australia

will be **postponed** to be held at a later time.

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The 9th World Kungfu Championships (WKFC) is postponed from 2021 to 2023; and the 10th World Kungfu Championships (WKFC) is postponed from 2023 to 2025. More information will be updated in due course.

**The Emeishan 9th & 10th World Kungfu Championships (WKFC) Postponed**

The 9th WKFC postponed from 2021 to 2023; and the 10th WKFC postponed from 2023 to 2025. More information will be informed in due course.

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恒源祥®

国际武术联合会全球合作伙伴

# WUSHU



## Heng Yuan Xiang

与羊共武 昂羊未来



恒源祥®

IWUF Global Partner

恒源祥，是享誉全国的中华老字号品牌，亦是世界纺织行业的翘楚。

创立于 1927 年的恒源祥已经发展成为一家拥有 14 家子公司、国家级企业技术中心、近百家特许生产加盟工厂、近万家特许经销商，年度品牌零售额近 60 亿元的现代服务型企业。

恒源祥是中国进入市场经济后最早实施品牌文化战略的企业，在品牌、文化的理论和实践上不断突破和创新。

HengYuanXiang (HYX) is one of the most famous and time-honoured brands in China and a world-leader in the textile industry. Founded in 1927 as a specialist wool company, HYX Group has developed into a modern service-oriented enterprise, owning 14 subsidiaries, a state-of-the-art technical centre, nearly 100 franchise plants, 10,000 licensed agents and annual retail sales of nearly 6 billion RMB. HYX has also been a leader in brand strategy as China has moved into the market economy, continually making breakthroughs and innovations in the theories and practices of brand and culture.





# 4th World Wushu-Kungfu Day in 2021

WUSHU FOR ALL

On August 7, we celebrated this year's World Wushu-Kungfu Day. While the COVID-19 pandemic is still challenging the whole world, health becomes the top priority to capture everyone's attention.



Date

[Saturday]  
August 7, 2021

Theme

Wushu: Health & Future

Activity

Online  
Participation



Facing the challenges the pandemic brings, people also keep thinking about how to step up to a better future. Based on this, we presented "Wushu: Health & Future" as this year's theme.

# 4th World Wushu-Kungfu Day in 2021

WUSHU FOR ALL



World Wushu-Kungfu Day 2021 Brand Manual and World Wushu-Kungfu Day Promotional Materials in 8 languages including Chinese, French, Spanish, Arabic, Portuguese, German, and Russian as well as 30 Chinese-English promotional countdown posters were published. IWUF president Mr. Gou Zhongwen delivered a speech on World Wushu-Kungfu Day 2021. The promotional activities were cooperated with Xinhua News Agency and other authorities.





To comply with various epidemic regulations, all wushu friends are welcome to actively exert their creativity to plan online and offline activities to celebrate the World Wushu-Kungfu Day 2021 together. Through the online picture, text and video collection activities, 2021 World Wushu-Kungfu Day attracted more than 50 countries and regions from five continents to celebrate online, expanded the influence of the festival.



# 2021 IWUF Wushu Online Classroom

WUSHU FOR ALL



## IWUF Online Wushu Classroom

**6th Week: Online Wushu Courses**  
15:00 June 29, July 1; 18:00 July 3 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**7th Week: Online Wushu Courses**  
17:00 July 6; 15:00 July 8, July 10 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**8th Week: Online Wushu Courses**  
15:00 July 13, July 15; 18:00 July 17 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**9th Week: Online Wushu Courses**  
15:00 July 20, July 22; 18:00 July 24 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**10th Week: Online Wushu Courses**  
15:00 July 27, July 29; 10:00 July 31 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**11th Week: Online Wushu Courses**  
15:00 August 4, August 5; 10:00 August 7 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**12th Week: Online Wushu Courses**  
15:00 August 11; 10:00 August 12, August 14 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV



## IWUF Online Wushu Classroom

**13th Week: Online Wushu Courses**  
15:00 August 18; 10:00 August 19; 15:00 August 21 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636     iwuf.org     YouTube: @WushuTV




## IWUF Online Wushu Classroom

**14th Week: Online Wushu Courses**  
15:00 August 25, August 26, August 28 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636

 iwuf.org  
 YouTube: @WushuTV



## IWUF Online Wushu Classroom

**15th Week: Online Wushu Courses**  
15:00 September 1, September 2, September 4 (Beijing Time)

Wushu: A Healthy Lifestyle

Zoom ID: 709 156 9636

 iwuf.org  
 YouTube: @WushuTV

# 2021 IWUF Wushu Online Classroom

## WUSHU FOR ALL

During the global fight against COVID-19, in response to the call of wushu enthusiasts and practitioners, the IWUF launched the Wushu Online Classroom program in May of 2020. By August, 2021, 44 weeks of courses were conducted, more than 90 wushu lecturers and top athletes from more than 20 countries and regions in five continents offered free online instructional courses to wushu lovers, practitioners and the general public. A total of 134 courses, including 44 live courses and 90 recorded courses, were given, and brought a healthier alternative lifestyle to people around the world who have been affected by the epidemic.

As a whole, the course content focuses on taiji and sanda, 41 courses themed on sanda, consisting of 30.6% among all courses. In taolu courses, 37 courses falls into taiji category, composing 27.6% of all courses, changquan and southern style related contents adds up to 21 courses and 9 courses, composing 15.7% and 6.7%. 20 courses are about traditional wushu consisting of nearly 15% of all courses. Other contents including children's wushu, wushu training methods and wushu and movie industry were also conducted.

Live courses were mainly given by the IWUF Technical Committee, sports universities and colleges, recommendations from IWUF members, and Chinese local wushu associations or wushu specialists.

	Category	Number of courses	Content
1	Taiji category	37	Taijiquan, taijijian, taijiqiu, covering yangshi, sunshi, chenshi, wushi and wushi taijiquan, stay-at-home taijiquan and others
2	Nanquan category	9	Nanquan, nandao, nangun and basic nanquan techniques
3	Changquan category	21	Changqaun, qiangshu, gunshu, jianshu and basic training techniques
4	Traditional wushu	20	Bagua, yongchun, xingyi, tongbi
5	Sanda	41	Sanda techniques and practical application
6	Others	6	Children's wushu, Wushu training methods, Wushu and movie industry



## IWUF Online Wushu Classroom

### 20th Week: 2019 Shanghai WWC Champions' Video Replay

15:00 October 19, October 21, October 23 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
Twitter: @iwufofficial  
Instagram: @iwuf\_official @iwufnews



## IWUF Online Wushu Classroom

### 22nd Week: 2019 Shanghai WWC Champions' Video Replay

15:00 November 2, November 4, November 6 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
Twitter: @iwufofficial  
Instagram: @iwuf\_official @iwufnews



## IWUF Online Wushu Classroom

### 24th Week: Online Wushu Course:

15:00 November 16, November 20; 10:00 November 19 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
Twitter: @iwufofficial  
Instagram: @iwuf\_official @iwufnews

**IWUF Online Wushu Classroom**

Using Biomechanics to Improve Performance in Competitive Wushu  
15:00 July 10 (Beijing Time)

Instructor: Léo Benouaich  
Associate Professor in the Academy of Creteil, World Wushu Xingyiquan Champion

Zoom ID: 709 156 9636  
iwuf.org  
YouTube: @WushuTV

**IWUF Online Wushu Classroom: Special Issue 13**

Dakar 2026 Youth Olympic Games Wushu Competition  
**Taijishan Technical Video Series**  
15:00 Beijing Time, June 11, 2021  
Wushu: A Healthy Lifestyle

iwuf.org  
YouTube: @WushuTV  
WeChat: 国际武术联合会官方公众号  
Weibo: 国际武术联合会官方微博  
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**15TH WORLD WUSHU CHAMPIONSHIPS**

Men's Xingyiquan  
Christoph HUYNH (GER)

**IWUF**  
INTERNATIONAL WUSHU FEDERATION

**IWUF Online Wushu Classroom**

Yang Style Taijiquan Teaching Excerpts  
15:00 July 20 (Beijing Time)

Instructor: Qianxin RAN  
World Taijiquan Champion

iwuf.org  
YouTube: @WushuTV

The recorded courses mainly consisted of edited videos of the Shanghai 15th World Wushu Championships medalist performance, 50 courses consisted of 37.3% with 33 taolu courses and 17 sanda courses, and wushu specialists' video groups, as well as cooperated videos with Beijing Wushu Association and ZhonghuaWuhun supported by Shanghai Media Group, and other institutions.



## IWUF Online Wushu Classroom

### 21st Week: 2019 Shanghai WWC Champions' Video Replay

15:00 October 26, October 28, October 30 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
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## IWUF Online Wushu Classroom

### 23rd Week: Online Wushu Courses

15:00 November 9; 10:00 November 11, November 12 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
Twitter: @iwufofficial  
Instagram: @iwuf\_official @iwufnews



## IWUF Online Wushu Classroom

### 25th Week: Online Wushu Course:

15:00 November 23, November 25, November 26 (Beijing Time)



Wushu: A Healthy Lifestyle

[iwuf.org](http://iwuf.org)  
YouTube: @WushuTV  
Facebook: @iwufofficial  
Twitter: @iwufofficial  
Instagram: @iwuf\_official @iwufnews

**IWUF**  
INTERNATIONAL WUSHU FEDERATION

Men's Sanda (85KG) Final  
Milad AREFI MAGHAM (IRI) vs Cong Minh PHAM (VIE)

**IWUF Online Wushu Classroom**

Sanda Basic Techniques: Basic Breakfalls  
15:00 September 15 (Beijing Time)

Demonstrator: Guoshun SHEN  
World Wushu Sanda Champion  
Advisor: Shiying LI

iwuf.org  
YouTube: @WushuTV

**IWUF Online Wushu Classroom**

Basic Skills of Sanda and Their Application in Competition  
17:00 July 6 (Beijing Time)

Instructor: Motaz Rady Ismael  
Abed El. Salam  
World Wushu Sanda Champion

Zoom ID: 709 156 9636  
iwuf.org  
YouTube: @WushuTV  
The schedule is subject to change.

Lecturers and athletes are from 27 countries and regions, including 13 countries and regions in Asia (CHN, IRI, MAS, HKG, VIE, KOR, IND, PHI, LBN, KGZ, UZB, MAC, JPN), 10 in Europe (BEL, FRA, BUL, GER, UKR, RUS, TUR, BLR), 2 in Africa (EGY, MAR) and 2 from Pan America(BRA, USA).


**IWUF Online Wushu Classroom**

**Taiji and Health**
15:00 May 20 (Beijing Time)



**Instructor: Jianhui LAI**  
 Teacher at Shanghai University of Sport;  
 Yang Style Taijiquan Champion at National  
 Taijiquan Championships



 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Selected Classical Movements  
of Sun Style Taijiquan**
15:00 June 5 (Beijing Time)






**IWUF Online Wushu Classroom**

**Chen Style Taijiquan – Technique  
and Application**
15:00 June 17 (Beijing Time)



**Instructor:**  
**Michal IGNATOWICZ**  
 Member of the Technical and  
 Event Sub-Committee of the  
 IWUF Technical Committee



 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Selected Classical Movements  
of Wu Style Taijiquan**
15:00 June 10 (Beijing Time)



**Instructor: Biying LIANG**  
 World Taijiquan Champion



 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Basic Skills of Sanda & Their  
Application in Competitions Part 2**
18:00 July 24 (Beijing Time)



**Instructor:**  
**Motaz Rady Ismael  
Abed El. Salam**  
 World Wushu Sanda Champion




 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Wushu into Movie Industry:  
Application of Wushu Techniques in Movies**
15:00 June 23 (Beijing Time)



**Instructor: Myroslava MALA**  
 World Wushu Champion




 YouTube: @WushuTV


**IWUF Online Wushu Classroom**


**Tongbiquan – Wuxing  
Palms Basic Techniques**
15:00 July 13 (Beijing Time)



**Instructor: Junjie SHA**  
 Vice President of Yunnan  
 Provincial Wushu Association  
 in China,  
 8th Duan Holder of Chinese  
 Grading System



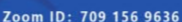


 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Wing Chun Kune  
(Yongchun Quan) Chi Sau**
15:00 June 29 (Beijing Time)



**Instructor: Kung Shing LAU**  
 Disciple of Wing Chun  
 Grandmaster Yip Man




 YouTube: @WushuTV


**IWUF Online Wushu Classroom**


**Nanquan Basics – Basic  
Stances and Footwork**
10:00 September 11 (Beijing Time)




**Instructor: Jianming LI**  
 World Wushu Champion





 YouTube: @WushuTV


**IWUF Online Wushu Classroom**

**Baguazhang Foundational  
Practice – Fixed Eight Palms**
15:00 July 29 (Beijing Time)



**Instructor: Yanwu HAN**  
 Baguazhang Inheritor from  
 Master Jingru LIU



 YouTube: @WushuTV

# Taijiquan Officially Included in the Representative List of Intangible Cultural Heritage of Humanity by UNESCO

WUSHU FOR ALL



Taijiquan  
太极拳





## Congratulations!

### Taijiquan, Officially Included in the Representative List of Intangible Cultural Heritage of Humanity by UNESCO

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On December 17, 2020, the United Nations Educational, Scientific and Cultural Organization (UNESCO) inscribed taijiquan on the Representative List of Intangible Cultural Heritage of Humanity.

The decision was announced during the online meeting of the UNESCO Intergovernmental Committee for the Safeguarding of the Intangible Cultural Heritage held from December 14 -19 in Kingston, Jamaica.

On behalf of the International Wushu Federation, the IWUF Secretary General Zhang Qiuping expresses his warm congratulations to taijiquan's inclusion in the Representative List of Intangible Cultural Heritage of Humanity. Also, he extends his heartfelt congratulations to the wushu practitioners, professionals and scholars who have been committed to promoting wushu and taiji culture.



Taijiquan is one of the most important wushu events promoted by the International Wushu Federation. Since 2014, the World Taijiquan Championships have been held every two years by the International Wushu Federation. This biennial event, the only world championships dedicated solely to taijiquan, was created by the International Wushu Federation to promote this important discipline of wushu worldwide. It provides a platform for communication and learning between the taijiquan elite and taijiquan lovers around the globe.





In 2020, taijiquan became an official event in the 2026 Dakar Youth Olympic Games. The International Wushu Federation has cooperated with Chinese Wushu Association for a long time to carry out wushu and taiji performances at the United Nations headquarters and all over the world, demonstrating the charm and power of wushu and enhancing people's in-depth understanding of taijiquan culture.



Taijiquan has been included in the Representative List of Intangible Cultural Heritage of Humanity, which is of great significance to the promotion of wushu, and especially taijiquan, globally. It also helps to further expand the influence of taijiquan and the number of taijiquan practitioners worldwide, and helps people understand how taijiquan can improve people's physical and mental health.



Mr. Zhang also points out that the IWUF will continue to actively promote the internationalization of wushu, and further improve the rules and standards, so that wushu can become an official event of the Olympic Games as soon as possible. Also, the IWUF will work to further strengthen the popularization and promotion of taijiquan so that taijiquan can be truly integrated into people's daily life and become a healthy and happy life style shared by all mankind.



## IWUF Taijishan Competition Rules and Judging Methods Released



On July 30, 2020, IWUF releases taijishan competition rules and judging methods on its official website, which is the additional rules (trial) to the IWUF Wushu Taolu Competition Rules & Judging Methods (Excerpt) 2019.

As the IOC announced wushu's official inclusion into the sport program of Dakar Youth Olympic Games (2026 YOG) on January 8th, 2020, Taijishan is approved as one of four events for both men and women athletes in the wushu competition.



To meet the requirement of Taijishan competitions, the IWUF Technical Committee Technical & Events Sub-Committee (TEC) has been dedicated to formulating Taijishan competition rules and judging methods with wushu experts' suggestions taken into consideration, forming IWUF Wushu Taolu Competition Rules & Judging Methods (Excerpt) 2019 Additional Rules (Trial), reviewed and approved unanimously by the IWUF Executive Board.

IWUF will organize online lectures for YOG Wushu Competition Taijishan Competition Rules & Judging Methods, and an online workshop for YOG Wushu Competition Taijishan Techniques Training. Further information will be distributed and noted on the IWUF website [www.iwuf.org](http://www.iwuf.org).

### Download:

#### IWUF Wushu Taolu Competition Rules & Judging Methods (Excerpt) 2019 Additional Rules (Trial)

English Version:

<http://www.iwuf.org/wp-content/uploads/2020/07/IWUF-Wushu-Taolu-Competition-Rules-and-Judging-Methods-Excerpt-Additional-Rules-Trial-1.pdf>

Chinese Version:

<http://www.iwuf.org/wp-content/uploads/2020/07/CN-IWUF-Wushu-Taolu-Competition-Rules-and-Judging-Methods-Excerpt-Additional-Rules-Trial.pdf>



## Dakar 2026 Youth Olympic Games Wushu Competition Taijishan Technical Video Series Published Online

On January 8, 2020, wushu was included in the Dakar 2026 Youth Olympic Games (YOG) by the International Olympic Committee (IOC) as an official sport. Taijishan, as one of four wushu events, will have its first show in the Olympics, attracting great attention.

In order to better meet the training needs of athletes and coaches for the taijishan event, strengthen judges' competition judging abilities, and facilitate the orderly development of taijishan training, competition and organization of IWUF member federations, the IWUF has meticulously planned the launch of a series of taijishan video courses to guide athletes, coaches and judges in training and refereeing.

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has meticulously planned the launch of a series of taijishan video courses to guide athletes, coaches and judges in training and refereeing.

The series of teaching video courses offers lectures by Wang Er'ping, top Chinese National Coach and World Champion of taijiquan, and techniques and demonstrations performed by world taijiquan champions. The teaching courses cover the Taijishan Techniques Training Workshop, Catalogue of Taijishan Techniques (including Required and Alternative Fan Techniques), and multiple sets of taijishan routines, to provide guidance for coaches and athletes in taijishan practice and choreography of optional taijishan routines.

## Advisor: Wang Erping



## Lecturer: Su Changlai

The judging courses are led by Su Changlai, Chairman of the IWUF Technical Committee Judges Sub-Committee, and cover taijishan competition rules & judging methods, and common mistakes and corrections in taijishan techniques practice, aiming to provide thorough guidance to athletes' performance and judges.

This technical video series is an important wushu production made by the IWUF to follow up its official release of the IWUF Wushu Taolu Competition Rules and Judging Methods (Excerpt) 2019 Additional Rules (Trial) on July 30, 2020.





These technical videos were regularly published on the IWUF official website and social media channels as special issues of the IWUF Online Wushu Classroom, for global wushu communities. By June, 2021, 13 issues of the Dakar 2026 Youth Olympic Games Wushu Competition Taijishan Technical Video Series were released in total. Coordinated with Xinhua News Agency and other authoritative media for publicity, the taijishan series was made to meet the training needs of athletes and coaches for the taijishan program, strengthen the taijishan competition officiating level of referees, and assist member associations to orderly carry out taijishan preparation training and competition organization work.



Wushu Included as Invitational Event in 2022 World Games in Birmingham, USA



On September 9, 2020, the International Wushu Federation (IWUF) accepted the invitation to participate in The World Games 2022 Birmingham USA and committed itself to send the best athletes in accordance with the World Games Rules. Wushu will be include as an invitational sport in The World Games (TWG) 2022 in Birmingham, Alabama, USA from July 7-17, 2022. All contests for the wushu tournaments will take place from July 11-12, 2022. This is the third time for wushu’ s inclusion into TWG. Wushu has also been an invitational sport in TWG in 2009 and 2013.

The wushu competition in TWG 2022 comprises of 10 events, with the Bill Battle Coliseum of Birmingham-Southern College serving as the venue.



The World Games 2022 Birmingham Wushu Programme

- Men’s Taolu Changquan Women’s Taolu Changquan
- Men’s Taolu Daoshu & Gunshu Women’s Taolu Daoshu & Gunshu
- Men’s Taolu Qiangshu & Jianshu Women’s Taolu Qiangshu & Jianshu
- Men’s Taolu Nanquan & Nangun Women’s Taolu Nanquan & Nandao
- Men’s Taolu Taijiquan & Taijijian Women’s Taolu Taijiquan & Taijijian



First held in 1981, The World Games (TWG) is a global multi-sport event featuring mainly non-Olympic sports. The event is sponsored by the International World Games Association (IWGA) and recognized by the International Olympic Committee (IOC), and it is organized once every four years in the year following each edition of the Summer Olympic Games. Constructing new venues and facilities or expanding existing ones are not required of TWG’ s host cities. Ideally, candidate cities should arrange for the Games to be held in existing facilities of appropriate size or in ones that are already under plan and construction. For a certain sport to be included in the programme of TWG, the sport should have worldwide popularity and participation; at the same time, the related International Sports Federation (IF) should be a member of the IWGA.



## IWUF Officially Approved as IWGA Member



On May 27, 2021, the International World Games Association Annual General Meeting (AGM) was held remotely. IWUF representatives, under the leadership of President Mr. Gou Zhongwen, with Vice President Mr. Anthony Goh and Secretary General Mr. Zhang Qiuping as members, attended the meeting virtually. The meeting, with high votes, approved the IWUF as the official member of the International World Games Association (IWGA), as a two-thirds majority was required.



IWUF Officially Approved as the IWGA Member



IWUF Secretary General Mr. Zhang Qiuping stated in the application presentation that the sport of wushu has a huge global fan base. After decades of popularization and promotion, wushu’s international influence and brand value have been continuously improved. Wushu, in addition to its fitness value, also offers very high cultural values. Wushu’s inclusion - with its global governing body the IWUF - will increase the diversification of the International World Games Association and The World Games, and enrich the brand and cultural connotation of The World Games.



The IWGA CEO Mr. Joachim Gossow congratulated the IWUF on its successful membership application, welcomed the IWUF to join the IWGA family, and expressed the hope to work together with IWUF for a win-win cooperation in the near future. Currently, with wushu, the IWGA has 39 member federations.

The World Games, first held in 1981, hosted by the International World Games Association, is a multi-sport event staged every four years under the patronage of the International Olympic Committee. Wushu was represented at The World Games as an invitational sport in 2009 in Kaohsiung (Chinese Taipei) and in Cali (Colombia) in 2013. In 2022 in Birmingham, Alabama, wushu will again participate in the programme. After IWUF’s admission into the IWGA, it is expected to present compelling wushu events at more editions of The World Games in the future, further enhancing wushu’s international influence.

## IWGA Interview With Gou Zhongwen, IWUF President

The International wushu Federation (IWUF) becomes the new members of The World Games family. In the IWGA Interview of the Month, the IWUF President Gou Zhongwen himself introduces his federation and his sport. Mr. Gou Zhongwen also says why wushu is a perfect fit for The World Games.

Q1: Be so kind and introduce your Federation to audiences which are not so familiar with IWUF.

■ Wushu – also known popularly as Kungfu - is a sport that originated in China, with a long, deep cultural and philosophical history. The IWUF was established in 1990. It is the international federation that governs wushu in all its forms world-wide. The IWUF's vision encompasses making wushu both an Olympic sport and a healthy way of life for all people around the globe. The IWUF has now 155 national/territorial member federations across five continents. At present, we estimate there are about 120 million people in the world practicing wushu, including more than 70 million youth participants. Taiji is quite popular among people of all ages, and last year it was added to UNESCO's Representative List of the Intangible Cultural Heritage of Humanity. Competitive wushu involves unique fighting skills and various equipment and is composed of mainly two major disciplines: taolu, a routine martial arts maneuver, and Sanda, a restricted combat. In our last World wushu Championships, held in Shanghai in 2019, nearly 1,000 elite athletes from 102 countries and regions participated.



Q2: What makes your sport special?

■ Wushu is long in history, rich in contents and unique in culture. Our sport is distinctively combative and culturally profound, taking oriental traditional philosophy and ideologies of ethnics, health-preserving, militancy and aesthetics etc. as its theoretical basis. It stresses “wushu for peace”, “harmony between man and nature” and “unity of body and mind”.



Wushu, as a sport ideally suited for all kinds of people and all ages, offers an excellent way to improve mental and physical fitness, while having educational functions to cultivate people's characteristics and personalities. Our sport is also easy to practice, with few limits on space and low-cost equipment. During the pandemic, it has been embraced as a health-benefitting sport easily practiced by individuals. The IWUF has been working very hard to promote this aspect encouraging wide participation, and bringing people together in a positive community on our virtual platforms.

## WUSHU IN THE WORLD GAMES

Q3: What reactions did you receive from your association to the successful bid?

■ We released the successful bid news via our official website [www.iwuf.org](http://www.iwuf.org), and all our social media channels, and through formal letters to our IWUF Executive Board, Committee Members and all member federations. Immediately we received many favorable congratulations and comments, and it's clear that so many people - who have been working hard for this moment for so long - are truly excited by the news we have joined The World Games family.



Q4: Why did IWUF apply to become part of The World Games family?

■ We became affiliated in GAISF in 1994 and recognized by IOC in 2002, and have cooperation with WADA, FISU, and ISF. However, joining the IWGA offers the IWUF a unique achievement, and the opportunity to develop and improve the prominence of our sport around the globe, particularly through active participation in The World Games. We believe that that joining The World Games family will foster deeper bonds among both our worldwide wushu community and between wushu athletes and all other athletes internationally.

Q5: How would you describe the asset that IWUF brings to the family as a new member?

■ The IWGA presently has a rich offering of Asian martial arts, but wushu's deep Chinese cultural and philosophical foundation will add ideal balance. We stand for more than just a system of attack and defense. It has become a way to cultivate the body, mind and spirit in a positive way that is beneficial to all that practice it. This makes wushu an ideal match for the IWGA's mission of supporting sport for the well-being of society. The IWUF is fully aligned with the IWGA in promoting values of high sporting achievement, but also of sportsmanship, respect, and friendship among nations, now more important in the global perspective than ever.

## WUSHU IN THE WORLD GAMES



Our elite young wushu athletes will help bring the passion and enthusiasm of our sport to The World Games family. We also believe dynamic action and strong visual appeal will offer the Games an exciting new sport for its own spectators. wushu is dynamic and entertaining to watch, and we hope the addition of wushu will attract more attention and help boost the international influence of the IWGA and The World Games as a brand.

Q6: Wushu has its own history concerning The World Games history. Do you have any memories of performing at The World Games 2009 and 2013? And of course what do you expect from your partaking in the 2022 event?

■ For the wushu athletes participating these international events it was a deeply meaningful experience, and the chance to establish community with athletes from so many other sports was incredible. In the upcoming 2022 Birmingham World Games, the experience will be different – IWUF will be a new member of the IWGA, and this will offer our athletes, officials and fans a new sense of inclusion in this prominent sport association. After the global pandemic, The World Games 2022 in Birmingham will be even more special as we join on a world stage together again; and we will be undeniably more appreciative and cognizant of how precious this opportunity is to gather together as a global sport family and share experience, friendship and community.

Q7: How do you compare The World Games to other multi-sport events?

■ Wushu has been added to many major international multi-sport events including the Asian Games, World University Games and World Combat Games., Each of these events has helped wushu grow and develop in a unique way. Participating in The World Games offers elite wushu athletes a true world stage upon which to compete at possibly the highest platform for non-Olympic events. The IWUF and its stakeholders will gain wide opportunities to create more exposure for wushu to an international audience, and the status and profile of the IWUF will be greatly enhanced. In addition, our federation will also benefit from the event by gaining the opportunity to interact with other sport federations, sport leaders and IWGA officials to widen our knowledge and perspectives of global sport organization.



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